

Name \_\_\_\_\_ Date \_\_\_\_\_ Period \_\_\_\_\_

## Activity #4 Answer Key

**Directions:** Write the letter of the term in the correct category, along with a definition of the term.

- |                          |                              |                               |
|--------------------------|------------------------------|-------------------------------|
| A. active listening      | E. client-centered therapy   | I. free association           |
| B. antipsychotic drugs   | F. contingency management    | J. nondirective therapy       |
| C. aversive conditioning | G. dream analysis            | K. rational-emotive therapy   |
| D. behavior modification | H. electroconvulsive therapy | L. systematic desensitization |

### Psychoanalysis

1. G. dream analysis—looks for manifest and latent meanings in dreams
2. I. free association—patients say whatever comes to mind

### Humanistic Therapy

3. A. active listening—clarify patient's thoughts
4. E. client-centered therapy—non-judgmental, therapists and patients as partners
5. J. nondirective therapy—free flow of ideas

### Cognitive and Behavior Therapies

6. C. aversive conditioning—links undesirable behavior to unpleasant stimuli
7. D. behavior modification—changes the way a patient feels and acts
8. F. contingency management—not reinforcing bad behavior
9. K. rational-emotive therapy—change a patient's unrealistic assumptions
10. L. systematic desensitization—helping a patient gradually overcome fears

### Biological Treatments

11. B. antipsychotic drugs—reduce delusions and hallucinations
12. H. electroconvulsive therapy—electric shocks to particular areas of the brain; used for depression